Dear Friends,

Thinking about last year, three words come to mind:

**Courage** – *Kouraj* Haitian Creole – *le courage* French. (More than bravery, courage is facing situations without fear.)

**Determination** – *Déterminasyon* Haitian Creole – *Détermination* French. (Describes purpose and resoluteness to succeed.)

**Resilience** – *Rezilyans* Haitian Creole – *Résilience* French. (Is the ability to recover from difficulties.)

Last year, MFK:

- Celebrated the 20th Anniversary to acknowledge the courage, determination and resilience needed to move from hand-grinding peanuts to a state-of-the-art factory with nearly 100 employees.
- Quickly pivoted as gangs in Port-au-Prince shut down the Haitian government, banks, schools, ports and threw the country into chaos.
- Found new ways to deliver RUTF to the growing number of malnourished children.
- Just as the gangs took control of diesel, we transitioned to solar allowing us to produce without interruption.
- Nearly doubled the number of farmers in the Agriculture Program through new partnerships.

As I write this, the violence in Haiti is unabated. MFK’s response is Heroic, Visionary and Profound producing and distributing RUTF so that tens of thousands of children have a chance at a future.

Because of friends, supporters, donors, and partners – many of them new this year – MFK has risen to meet the need once again.

Your part in this work saves lives every day in the midst of violence and fear.

Thank you, Mèsi Anpil, Merci Beaucoup.

Sincerely,

Chris Greene, CEO
Saving Lives and Giving Hope

Impact FY 2023

74,703 malnourished children treated with Medika Mamba

20,454 school children supplemented with Vita Mamba

6,060 mothers supplemented with Plumpy’Doz

101,217 children & mothers treated

88 Haitian staff employed for MFK’s factory and programs

87 Haitian farmers trained in MFK’s Agriculture Program

15 Haitian clinics supported by MFK’s Nutrition Program
2003 - 2023 • 20th Anniversary

June 15, 2003 – MFK introduces a life-changing solution that has treated more than 912,000 children and mothers, saving countless lives. Builds a factory that employs 88 Haitians, has purchased 516 thousand kg of local peanuts and has produced 9,400 metric tons of therapeutic foods.

10th Anniversary of the Factory

October 26, 2022 marked the 10th anniversary for MFK’s world-class factory in Cap-Haïtien. Built by all Haitian companies, the factory has expanded MFK’s impact by stimulating local economy through job creation, skills training, and purchasing local products, services and produce. The factory has been certified for the highest international food safety standards, FSSC 22000. Thanks to the generosity of supporters, the factory can operate three shifts, seven days a week producing RUF.

Transition to Solar

March 31, 2023 – MFK’s factory switched to solar energy. In the first 6 months...

- Produced 314 megawatt hours of electricity generating 90% of the energy for the factory
- Reduced CO₂ emissions by 221 tons
- Eliminated 18,852 gallons of diesel, saving $122,542
- Enabled record-setting production of 15,000 treatments in one month

“ZERO HUNGER: Doing What Works”

June 8, 2023 – As part of the 20th Anniversary celebrations, Meds & Food for Kids held the inaugural “Zero Hunger: Doing What Works” luncheon to highlight MFK’s 20 years of battling hunger and malnutrition. The event featured a keynote address by award-winning Wall Street Journal correspondent, Roger Thurow. MFK’s Zero Hunger event focused on the United Nations’ Sustainable Development Goal #2 of a “world free of hunger by 2030” and progress toward ensuring that all people have access to nutritious food.

Timeline

1988
- Dr. Patricia Wolff makes first trip to Haiti

2003
- Meds & Food for Kids founded
- Hired first staff in Haiti to make RUTF in the back of a church for 10 children

2004
- Started working with farmers and agriculture researchers

2008
- Moved production to a house in Cap-Haïtien
- Launched Agricultural Development program to train Haitian farmers

2010
- January 12th - 7.0 Earthquake destroyed much of Port-au-Prince, killing nearly 300,000 people
- October 8th - Ground-breaking for new factory
- Joined Nutriset’s PlumpyField Network

2012
- November 12th - Ribbon cutting for new factory
- Began producing and distributing Plumpy’Sup for pregnant and nursing mothers
- Factory passes UNICEF International Food Safety Audit

2013
- Began producing and distributing Vita Mamba for school children

2014
- Exported RUTF to Guatemala, Senegal and Chad

2015
- Exported RUTF to Cameroon, Mauritania, Dominican Republic, Columbia, Republic of Congo and Honduras

2016
- Exported RUTF to Bolivia, Ecuador and Nigeria
- Completed new peanut depot
- October 4th - Hurricane Matthew strikes Haiti

2017
- Exported RUTF to Gambia

2019
- Received ISO 22000 Certification

2021
- Set new production record: 1,365 metric tons of RUF

2022
- June: Chris Greene named CEO
- Received FSSC 22000 Certification

2023
- March: Solar array completed and installed
- MFK has treated more than 912,000 children and mothers
- More than 2,700 small plot farmers have participated in MFK’s agriculture programs
- MFK employs 88 Haitians
We thank each and every one of you for your support. Because of your generosity, the lives of countless children will be saved.

Meds & Food for Kids makes every effort to properly recognize donors. We apologize for any errors or omissions.

At 16 months, Fednol weighed as much as a 3-month-old child at 13.2 pounds. Because he was severely malnourished, Fednol’s energy was also greatly depleted.

Fednol was admitted to an inpatient program to receive Medika Mamba RUTF, and over time his weight fluctuated until it began to steadily increase. At the end of the treatment, Fednol was completely transformed. He weighed 18.9 pounds and was able to sit up, eat more, and show off his joyful smile.

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JEANNICA

2 year-old Jeannica was severely malnourished, weighing only 18 pounds. She was extremely ill, unable to eat on her own, and had an acute protein deficiency.

At the start of her treatment, Jeannica needed to receive Medika Mamba RUTF through a feeding tube. Soon she began to eat on her own as she gained weight and strength.

When Jeannica finished treatment, she weighed a much healthier 24 pounds and began to smile, play and laugh like she used to.

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JEUDSON

Meet Judeson, who weighed just over half the average 1 year-old at 13.4 pounds. He had been ill and malnourished for a few months, and his family lived far from healthcare support.

Judeson’s mother traveled with her son for 6 hours by foot, motorcycle, and taxi to reach MFK’s partner clinic for Medika Mamba treatment.

Over 9 weeks, Judeson got healthier. His malnutrition symptoms went away, and his weight reached 16.3 pounds. He journeyed back home with his mother and with renewed energy Judeson can now enjoy an even better childhood.
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TELANDIA
Telandia, a joyful toddler living with her family of farmers in Haiti, became ill with tuberculosis and malnutrition. Her illness progressed, and she began losing weight due to her fever and low appetite. Telandia’s parents knew their daughter needed treatment, and traveled several hours to the nearest clinic.

After treatment with MFK’s therapeutic food Medika Mamba, Telandia reached her goal weight of 22 pounds is now able to eat and play with other children again.

BERLANDA
Meet Berlanda, a 9 year-old living with her loving parents and six siblings. When her family struggled to access nutritious food, Berlanda lost a significant amount of weight.

Berlanda’s mother sought help from MFK’s Medika Mamba program.

Over a period of 15 weeks, Berlanda showed great resilience and gained nearly 15 pounds. With renewed strength and health, she is now able to embrace life’s moments with other children.

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Woodanika

Woodanika's mother had been ill and unable to nurse, and her aunt ran out of money for formula. Woodanika lost weight for several months as a result.

During Woodanika's treatment, her family learned about nutritious foods. After 12 weeks of receiving Medika Mamba RUTF, Woodanika reached 17 pounds. She was once again able to sit up and crawl, and her family was ready to keep her healthy.
2 year-old Mackendy was admitted to Meds & Food for Kids’ Medika Mamba program weighing only 13 pounds, the average weight of a 4 month old. For several months, Mackendy had been losing weight. His recovery was an uphill battle, and he needed treatment for more time than most toddlers as he faced several illnesses. Finally Mackendy reached and could maintain his goal weight of 22 pounds. After treatment, Mackendy is less vulnerable to illness, and has a great ability to grow as a healthy child.

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FY 2023 Financial Information
Fiscal Year: October 1, 2022 - September 30, 2023

Support & Revenue

<table>
<thead>
<tr>
<th>2022</th>
<th>2023</th>
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<tr>
<td>Mamba Sales</td>
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<td>Contributions</td>
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<td>Event</td>
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<td>Restricted Gifts</td>
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<tr>
<td>Grants</td>
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<td>Currency Conversion</td>
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<td>Other</td>
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<td>Total Support/Revenue</td>
<td>$4,549,381</td>
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Functional Expenses

<table>
<thead>
<tr>
<th>Description</th>
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<th>2023</th>
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<tbody>
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<td>Program</td>
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<td>General &amp; Admin</td>
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<td>Fundraising</td>
<td>292,602</td>
<td>412,826</td>
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<tr>
<td>Total Expenses</td>
<td>6,148,535</td>
<td>6,756,135</td>
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<td>Interest Income</td>
<td>830</td>
<td>553</td>
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<td>Change in Net Assets</td>
<td>(1,598,32)</td>
<td>(1,192,922)</td>
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<td>End of Year</td>
<td>$9,192,922</td>
<td>$8,175,804</td>
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</tbody>
</table>

Notes FY2022
A. Includes gifts/pledges restricted for Solar Campaign
B. Haitian Gourde devalued by 40%

Notes FY2023
C. Two Events = 20th Anniversary Gala & Zero Hunger Luncheon
D. No payments on restricted gifts for the Solar Campaign
E. Gain on Sale of Stock, Interest Income, In-Kind Donations, and Currency Conversion
“I can’t imagine how much harder it would be to treat malnutrition without MFK in Haiti. There is a struggle and desperation, yet there is hope! Thank you MFK.”

Children of the Promise, MFK partner clinic