**Dear Friends,**

On behalf of the staff of MFK, our dedicated board members, volunteers and the thousands of Haitian children and families impacted by the work we do, we thank you for your support of Meds & Food for Kids.

We are truly inspired by all of the ways that our committed supporters help us work toward creating sustainable change in Haiti. Your partnership in 2018 enabled us to make more progress towards our goals:

- We continue to treat children with Medika Mamba produced by our Haitian team! In total, we have saved 359,709 children worldwide and 272,077 in Haiti.

- In 2018, we reached over 21,226 school children with our nutritious school snack, Vita Mamba. In the fall we received a $250,000 grant that will allow us to feed even more school children this school year as well as treat moderately malnourished children with Mamba Djanm/Plumpy’Sup.

- In collaboration with our agricultural partners, we were able to educate 181 farmers. MFK conducted Farmer Field Days to provide hands-on learning and education to smallholder peanut farmers on a variety of topics. Through a grant with the Canadian International Development Research Centre (IDRC) and in conjunction with Laval University in Canada, MFK’s agriculture team researched the economic, social and logistical challenges peanut farmers, vendors, and peanut butter makers face in the peanut value chain. This research places emphasis on the role women play in the peanut market and answers the question of what role women play in methods to improve peanut quality and reduce aflatoxin contamination in Haiti.

- In the fall our new machinery was installed which has increased our capacity for production, packaging, metal detection and heat treatment of our life saving products. We have quadrupled our manufacturing capability, and we will lower our prices to UNICEF.

We are proud of MFK’s accomplishments over the past 16 years and acknowledge that we could not have delivered on our mission without our supporters, friends, board, volunteers, and partners. Together, we are creating a brighter future for the children and families of Haiti.

Mesi Anpil,

Patricia B. Wolff, MD
Founder & Executive Director

**Our Mission**

Meds & Food for Kids is dedicated to meeting the essential nutritional needs of malnourished children, pregnant and nursing women and school children using Ready-to-Use Foods (RUFs) produced in our factory in Cap-Haïtien, Haiti.

By transferring skills and knowledge to our Haitian workers and engaging farmers to source local raw materials, we break the cycle of poverty and sustainably stimulate economic development.

MFK works to transform the lives of malnourished children and mothers in Haiti. By reversing the devastating effects of malnutrition, children are given a second chance to thrive physically and cognitively and contribute to their country’s future. Our vision is that one day, Haitian children will receive optimum nutrition from conception to adulthood.
Medika Mamba/Plumpy’nut
Nutritional rehabilitation for cases of severe acute malnutrition

Mamba Djanm/Plumpy’sup
Nutritional rehabilitation for cases of moderate malnutrition and supplementation for pregnant and nursing mothers

Vita Mamba
Nutritional supplement to aid in the prevention of malnutrition in school-aged children

Dr. Patricia B. Wolff has been providing medical care in Haiti to those in need for over 30 years. But Dr. Wolff kept running into the same issue with the kids she was treating there: they were so chronically malnourished that they kept getting sick. “It was like spitting into the ocean,” she recalls.

Professor Emeritus of Pediatrics at Washington University’s School of Medicine in St. Louis, MO, Dr. Wolff founded Meds & Food for Kids in response to her frustration of watching malnourished Haitian children needlessly die. The old recipe for treating malnutrition required refrigeration, clean water and inpatient therapy for at least a month. And the chance of success was only 25%. The chance of no change was 50% and the chance of death was 25%. After visiting Ready-to-Use Therapeutic Food (RUTF) pioneer and Washington University colleague Dr. Mark Manary in Malawi, Dr. Wolff realized that this new treatment was the solution and was inspired to transfer the best-practice therapy of RUTF to Haiti in 2003. This new treatment for malnutrition did not have the handicaps of the then current treatment of powdered milk, sugar and oil with added clean water, and sometimes (actually rarely) available vitamins and minerals.

Armed with a hand grinder for peanuts that she was able to secure with an International Rotary grant, Dr. Wolff and her small team of Haitian helpers made enough Medika Mamba by hand in the back room of a church to treat 10 children per month. The results were miraculous. This new portable, outpatient treatment was 85% - 90% successful. A mixture of peanuts, powdered milk, oil, sugar and vitamins and minerals that did not require refrigeration or preparation of any kind and was stable at tropical room temperature for 24 months because it contained no water. Ready-to-use therapeutic food, or RUTF, revolutionized treatment of childhood malnutrition. Consequently, childhood malnutrition has been cut by 43% since the 1990s all over the world.

In 2012, MFK opened a new state-of-the-art factory just outside of Cap-Haïtien, Haiti, with the capacity to produce enough Medika Mamba to treat 80,000 children per year. More recently, MFK has begun the exportation of life-saving Medika Mamba to 14 countries on behalf of UNICEF Global, with plans to continue to expand exportation in 2019 and beyond.

MFK has treated 376,713 children, educated over 2,400 farmers, fed 27,632 school children and provided jobs to up to 65 Haitians since 2003. MFK works closely with the Haitian government and other key officials to improve malnutrition and healthcare in Haiti. MFK has been instrumental in educating Haiti’s healthcare providers and the Haitian government about the virtues of RUTF. Thanks in large part to MFK’s efforts, Haiti’s Ministry of Health formally adopted RUTF into its national protocols for the treatment of childhood malnutrition, a prerequisite to offering all of Haiti’s malnourished children the life-saving therapy they need and deserve.
Malnutrition Treatment

Sometimes called “miracle peanut butter,” Meds & Food for Kids, Medika Mamba is considered the “gold standard” for treating malnutrition by the World Health Organization. MFK’s Medika Mamba has over an over 85% success rate in treating severe acute malnutrition in just 6 to 8 weeks.

<table>
<thead>
<tr>
<th>2018 Impact</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>43,590</td>
<td>60</td>
<td>27</td>
</tr>
<tr>
<td>Number of children treated with Medika Mamba</td>
<td>Number of partner clinics in Haiti</td>
<td>Number of health care workers trained to use MFK’s treatment protocols</td>
</tr>
</tbody>
</table>

Agricultural Development

MFK educates farmers in their fields and in workshops. Collaboration with our partners - USAID, University of Georgia and University of Florida – has allowed us access to expert technical advice on very level of the peanut value chain.

<table>
<thead>
<tr>
<th>2018 Impact</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>181</td>
<td>80</td>
<td>3,322</td>
</tr>
<tr>
<td>Peanut farmers, agronomists, and university students trained</td>
<td>Farmers who received education during an MFK Farmer Field Day</td>
<td>Kilos of Haitian Peanuts Purchased</td>
</tr>
</tbody>
</table>
Research and Development

Over the next few years MFK with its partners, will investigate how aflatoxin concentrations are affected by the peanut value chain in Haiti. We are also working to develop a supplement to support pregnant and lactating women to aid in the prevention of malnutrition in children in the first 1,000 days.

<table>
<thead>
<tr>
<th>School children fed with Vita Mamba snack</th>
<th>Peanut seed varieties evaluated since 2009</th>
<th>Publications in scientific journals related to Vita Mamba studies</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2018 Impact</strong></td>
<td><strong>10,411</strong></td>
<td><strong>65</strong></td>
</tr>
</tbody>
</table>

Job Creation and Capacity Building

MFK manufactures Medika Mamba in a state-of-the-art factory in Cap Haitien, Haiti. The factory employs Haitian workers and whenever possible purchases raw materials from Haitian farmers. We also work to develop the skills of our Haitian employees and promote from within to fill supervisor positions.

<table>
<thead>
<tr>
<th>Haitian employees on staff at MFK</th>
<th>Number of export countries in partnership with UNICEF Global</th>
<th>Passed International Food Safety Audits</th>
</tr>
</thead>
<tbody>
<tr>
<td>2018 Impact</td>
<td><strong>47</strong></td>
<td><strong>15</strong></td>
</tr>
</tbody>
</table>
In February, MFK supporters gathered in St. Louis, MO to attend the seventh annual Go Nuts for Haiti Gala and Auction, which raised over $450,000 for MFK programs.

In May, our production was shut down to prepare for the demolition of interior walls to make space for the new machinery setup in the factory.

In August, MFK welcomed farmers for a field day of instruction and hands-on demonstrations as the capstone to the six-month long training program.

In October, MFK reopened production with a second floor mezzanine to accommodate a second line of machinery, quadrupling MFK’s capacity.
## Financial Update:

The financial results from October 1, 2017 - September 30, 2018, depicted here, are derived from MFK’s audited consolidated financial statements, which contain an unqualified audit opinion by Fick, Eggemeyer & Williamson, PC. MFK’s complete, audited financial statements can be viewed online at: www.mkfhaiti.org/governance-financials.

<table>
<thead>
<tr>
<th>Revenue &amp; Support</th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions &amp; Grants</td>
<td>$1,285,539</td>
<td>$3,218,627</td>
<td>$2,133,064</td>
</tr>
<tr>
<td>Program Revenue</td>
<td>$2,856,617</td>
<td>$3,008,825</td>
<td>$2,345,786</td>
</tr>
<tr>
<td>Other Revenue</td>
<td>$47,424</td>
<td>$469,980</td>
<td>$33,491</td>
</tr>
<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>$4,189,580</strong></td>
<td><strong>$6,697,432</strong></td>
<td><strong>$4,512,341</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Operating Expenses</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Expenses</td>
<td>$3,390,734</td>
<td>$3,677,874</td>
<td>$2,860,861</td>
</tr>
<tr>
<td>General &amp; Administration</td>
<td>$129,739</td>
<td>$168,282</td>
<td>$192,091</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$149,785</td>
<td>$167,833</td>
<td>$162,555</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$3,670,258</strong></td>
<td><strong>$4,013,989</strong></td>
<td><strong>$3,215,507</strong></td>
</tr>
<tr>
<td>Year End Net Assets</td>
<td>$6,302,821</td>
<td>$8,986,264</td>
<td>$10,283,096</td>
</tr>
</tbody>
</table>

Only 8.2% of MFK’s total budget goes to overhead expenses.
Governance Board
Celeste Vossmeier
President
Jeff Klopfenstein
Vice President
Suzanne Langlois
Secretary
Brian Humes
Treasurer
Fredo Derazin
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Pam Rich
Jennifer Schwesig
Thad Simons, PhD
Jean Alfred Thomas, MD

Executive Director
Patricia B. Wolff, MD

Administrative Staff
Lauren Plummer, Deputy Director
Stephanie Grant, Development Director
Frank Pisarkiewicz, Accountant
Rachelle Thomas, Development Associate

Save the Date!
MFK Gala & Auction
March 7, 2020