



2013

ANNUAL REPORT



"If we can do something, we should do something. The time to act is now."

~ Dr. Patricia Wolff



"Recently, we have seen a rise in malnutrition rates."

~ Licia Betor, Real Hope for Haiti
July, 2013

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September 30, 2013

Dear Friends,

Because of your generous support, 2013 was truly a remarkable year for MFK. Our new factory has exceeded our ambitious goals, and we are pleased to report that from the farm, to the factory, to the clinic, the plan is working! We celebrate our successes:

- Over 91,000 children saved!
- We delivered over 748,640 healthy snacks to Haitian school children.
- Haitian mothers received essential prenatal supplementation in two urban clinics in Cap Haitien and Port-au-Prince.
- We reached 135 farmers, with in-depth training and purchased 44,718lbs of local peanuts this year.
- We established a demonstration farm outside of the factory so we can test new innovations and more than 17 different varieties of peanuts.
- Rural malnutrition rates are on the rise, so we made an important commitment to reaching the children in “the last mile”, focusing on remote, difficult to reach communities where the support and the effort is most needed to truly make an impact



Unfortunately, the partners that we accomplished so much with in 2013 are reducing their resources in Haiti. We remain steadfast in our commitment to malnourished children and turn our attention to filling the gap (over 12,500 children or more) left behind by these organizations.

Together we CAN. We CAN continue to save lives, impact families, reach and train more farmers, purchase more local peanuts, employ and train more Haitian workers. Together, and with your help we WILL close the gap left by others – and continue to make a difference! On behalf of the staff of MFK, our dedicated board members, passionate volunteers and the thousands of Haitian families and children impacted by the work we do, we thank you for your continued support of our shared mission.

Mesi Anpil!
Thank you very much!

Patricia B. Wolff, MD

Mission + Vision

Meds & Food for Kids (MFK) is dedicated to saving the lives of Haiti's malnourished children and other nutritionally vulnerable people.

We achieve our mission by developing, producing, and distributing highly nutritious foods, including the gold-standard Ready-to-Use-Therapeutic-Food (RUTF). We make our food products in Haiti, employing Haitian workers and, whenever possible, using Haitian raw materials. Haitians call our RUTF "Medika Mamba" which means "Peanut Butter Medicine" in Creole.

Our vision is a four-pronged approach to creating a sustainable solution for Haiti, including:

MALNUTRITION TREATMENT

85%

...success rate treating severe malnutrition

JOB CREATION

48

...Haitian workers employed, providing much needed technical capability

AGRICULTURAL DEVELOPMENT

1,120

...farmers trained, improving yields and the quality of their peanuts

PREVENTION

1,167

...children benefitted from research to test the efficacy of a nutritious school snack

About MFK

2003

MFK was founded! After visiting Dr. Mark Manary in Malawi, Dr. Wolff introduced Ready-to-use-Therapeutic Food (RUTF) in Haiti. With a hand crank and a desire to save lives, MFK was born.

2010

In 2010, MFK became a member of Nutriset's PlumpyField Network.

2009

In 2009, MFK's RUTF became the gold-standard for treating malnutrition in the world, and MFK's treatment protocol became Haiti's national requirement.

2011

In 2011, MFK began building a state-of-the-art factory in Cap Haitien, Haiti. The new factory, which opened in the summer of 2012, has the capacity to produce enough Medika Mamba to treat 80,000 children annually.

Today

At the end of 2013, MFK had saved the lives of over 90,000 children. The factory, which opened its doors in August of 2013, employs over 40 Haitian workers.

In 2013, MFK introduced two new products to aid in the treatment of malnutrition: Mamba Djanm/Plumpy'sup, a treatment for moderate malnutrition and supplement for pregnant and lactating women and Vita Mamba, a nutritious snack for school children.

MFK also recently completed construction of a Demonstration Farm at our Factory, enabling us to do important agricultural research. Our team has trained over 1,120 farmers and we continue to be the largest buyer of locally-sourced peanuts in the region.



MARIE ANGE

When Marie Ange was 23 months old, she weighed only 10 pounds. She could only sit up on her own for short periods of time, she made very few movements with her limbs and she could not initiate verbal communication. After only nine weeks of treatment, Marie Ange was able to wave, babble and laugh. She began rolling, pushing herself to a seated position, crawling, reaching and standing with assistance.

Today, Marie Ange is happy and healthy. She is eating a normal diet with no additional nutritional support and is being cared for by her mother at their home in Cap Haitien.



Age: 23 months

Beginning Medika Mamba:

10 pounds

After Medika Mamba:

17.7 pounds

Medika Mamba

Nutritional rehabilitation for cases of severe acute malnutrition

Mamba Djanm

Nutritional rehabilitation for cases of moderate malnutrition and supplement for pregnant and lactating women

Vita Mamba

Nutritional supplement to aid in the prevention of malnutrition in school-aged children

Did you know?

- Every three minutes we produce enough Medika Mamba or Mamba Djanm to treat one child.
- MFK produced over 3,180,750 sachets of Medika Mamba, 2,608,347 sachets of Mamba Djanm and 518,000 sachets of Vita Mamba this year.
- A 10 pound, severely malnourished child requires nothing but 2 sachets of Medika Mamba in a day. That accounts for all their calories, vitamins, and minerals!
- We reached more than 53,258 children in 2013 with our lifesaving Medika Mamba and Mamba Djanm.
- MFK has saved the lives of over 90,000 children since 2003.



Agriculture



As of 2013, MFK purchased \$190,015 worth of local peanuts. That's 304,880 pounds of peanuts!

MFK has trained over 1,120 farmers and has helped farmers increase their yields by over 100%!

MFK's agriculture programs have resulted in improved yields for farmers throughout Haiti. MFK continues to focus its efforts on helping farmers grow more (and better) peanuts, free from aflatoxin. This year, we established a Demonstration Farm at the factory, which allows us to test new agricultural interventions, conduct important agricultural research in partnership with several universities, and evaluate 16 different varieties of peanuts. This is also where we held an irrigation and soil management seminar in the fall with **46 local farmers**. Since then, more than **100 farmers** have approached MFK agronomists asking to participate in MFK's upcoming 2014 training, because we helped these farmers **decrease costs** by almost 60% while **increasing yields** by over 100%.

Louis Dermilus

Louis Dermilus, from Savane-Longue, is a member of the Association Paysan Savan-Longue, a farmer and community organization. With 8 children, 7 of whom are still school-aged, Louis depends on peanut sales to pay school fees. Thanks to the Prem Rawat Foundation's support in 2012, MFK was able to buy 385 kilos from Louis last fall for the amount of \$460!

Louis most recently participated in an MFK introductory training session in Savane-Longue. With better agricultural techniques, coupled with MFK support and expertise on how to control a new and invading mealy bug pest, Louis is hopeful that he will be able to harvest and sell more peanuts in the future.



Jobs

MFK is helping the Haitian economy by providing over \$280,000 in payroll to Haitians each year.

Our production supervisor is Fredo Narcisus who began with MFK in 2007.

MFK currently employs over 40 local staff members in its new Cap Haitien production facility and through other MFK programming, many of whom are taking English lessons, purchasing motorbikes, and paying school fees for their children or younger siblings.

MFK also provides technical training in food processing and quality control methods that meet international standards. To date, we have trained hundreds of health workers on the malnutrition treatment protocol and best practices. We look forward to expanding technical capacity and becoming entirely Haitian-run in the future.



**Our goal
is to one
day be
completely
Haitian-run.**

Research & Development



MFK engages in research to develop and test Ready-to-Use Foods for use in the entire spectrum of nutritional deficiencies. Programs include prevention of malnutrition in infants, the supplementation of pregnant and lactating women and the development of a snack for school children.

MFK developed and piloted a nutritious school snack with the help of a USDA McGovern Dole grant in 2012 – 2013. The final outcome of the project demonstrated that the snack decreases severe anemia and increases student classroom engagement. In our first full year of production we produced enough to give a nutritious snack to 4,679 children every school day.

MFK has plans to increase the production and distribution of Vita Mamba in 2014.



Summary Consolidated Statement of Financial Position

Support & Revenue	2011	2012	2013*
	<i>Jan 1 - Dec 31</i>	<i>Jan 1 - Dec 31</i>	<i>Jan 1 - Sept 30</i>
Contributions & Grants	\$1,606,837	\$1,936,093	\$882,570
Program Revenue	\$264,171	\$1,496,556	\$1,491,086
Other Revenue	\$22,708	\$116,163	\$166,181
Total Revenue	\$1,893,716	\$3,547,812	\$2,539,837
Expenses			
Program Expenses	\$1,059,127	\$2,125,419	\$1,748,737
General & Administration	\$47,292	\$342,587	\$302,080
Fundraising	\$34,546	\$65,970	\$45,250
Total Expenses	\$1,140,965	\$2,468,006	\$2,050,817
Net Income	\$752,751	\$1,079,806	\$489,020
Total Assets	\$3,558,924	\$5,563,151	\$5,930,129
Total Liabilities	\$493,913	\$1,418,334	\$1,296,292
Net Assets	\$3,035,011	\$4,144,817	\$4,633,837

*2013 reflects a shortened fiscal year.

Did you know...

- All products are sold at cost to other non-profit organizations
- MFK has a 4-star charity rating with Charity Navigator
- MFK has a preferred rating with Guidestar



Less than 10% of MFK's budget goes to overhead



Executive Director Patricia Wolff

Dr. Patricia B. Wolff is the Founder and Executive Director of Meds & Food for Kids. Dr. Wolff received her B.A. and M.D. degrees at the University of Minnesota, and after graduation worked for the Indian Health Service in South Dakota. After a residency at Washington University School of Medicine, she worked as a pediatrician in the St. Louis area for 35 years. In 1996, she became President of Forest Park Pediatrics, P.C., where she worked until the summer of 2011 when she resigned to focus completely on Meds & Food for Kids. She is a Professor Emeritus of Clinical Pediatrics at Washington University School of Medicine, and has been listed in the U.S. News & World Report of Best Doctors every year since 2002. As a volunteer Executive Director, she divides her time equally between St. Louis and Haiti.



Did you know...

- 4 out of 5 Haitians live below the poverty line. In the early 2000s, 77% of people in Haiti lived on less than \$2 per day.
- 52% of Haitians are undernourished, the world's highest percent.
- In 2013, MFK purchased peanuts from more than 530 Haitian farmers.
- Even with our capacity, malnutrition is cyclical. Each year, there is a new wave of children who do not get enough to eat.
- Of the roughly 10 million people in Haiti, 3.5 million are under the age of 15.

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Buron "Buff" Buffkin
Brian Humes
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Celeste Vossmeier
John Wade





United States

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St. Louis, MO 63108

Haiti

Meds & Food for Kids Factory
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Guillaudeux/Quartier Morin, Haiti