FROM SOIL TO SACHET
Together we can create a brighter future for Haiti.
AGRICULTURE

MFK educates farmers in their fields and in workshops. Our agronomists bring information and modern methods of cultivation, fertilization, and treatment of seeds, which helps smallholder farmers increase their yields and in turn, their incomes. MFK’s Farmer School extension program educates farmers about the dangers of aflatoxin, and best practices to use throughout the growing season to prevent contamination. Established in 2019, the Champions Program selects top farmers from MFK’s training sessions and provides one-on-one advising and investment throughout the growing season to assist farmers implement improved techniques.

EDUCATE A FARMER LIKE LOUIS DERMILUS AND ROSE MARIE PAUL FOR ONLY $225

My name is Louis Dermilus, I live in Savane Longue, Haiti. I have been working with MFK for the past two years. MFK has taught me better ways to seed and harvest; better ways to dry my peanuts and better ways to keep the toxins away. When I sell my peanuts to the market, I sell my peanuts as is, but when I sell them to MFK, my peanuts have to go through a process so they can make the best quality Medika Mamba for the children. Because of my training with MFK, I produce larger crops, and I make more money. I can send my children to school, buy their books and buy even more food for home. I can provide everything my children need. I feel happy knowing that I am doing something good for my country and for the children in the neighborhood. Doing something that prevents the children from being malnourished gives me a good feeling. I would feel even better if I could do more.

My name is Rose Marie Paul and I live in Kamam, Haiti. Because of MFK’s training, I have learned a lot. They helped me plant my own peanut garden and I learned techniques I had never learned before. Now I plant my peanuts on time and take care of them very early on. I have also learned not to allow weeds to grow in my garden to avoid disease. Now MFK buys my peanuts, and it helps me a lot because I am able to make money. I also feel happy knowing that my work helps children around the country.
TREATING MALNOURISHED CHILDREN

Since 2003, MFK has:

- Treated 488,469 children worldwide
- Exported 673 metric tons of Medika Mamba to 16 countries throughout the world for the treatment of malnutrition

MEDIKA MAMBA

PEANUTS • POWDERED MILK • OIL
500KCAL • 15.9G PROTEIN
23 VITAMINS AND MINERALS

SAVE THE LIFE OF A CHILD FOR ONLY $69

JESULA BEFORE

JESULA AFTER

3 year old Jesula was admitted to the Medika Mamba program weighing 13 LB. Jesula's mother left her in the care of her father, a busy taxi driver. Because of his long hours, Jesula was primarily cared for by her great grandmother. Jesula had a very severe case of Tuberculosis (TB) on top of her malnutrition which brought her very close to death. Her treatment for TB, along with her Medika Mamba, helped her to steadily gain weight and improve her strength. After 6 months in the Medika Mamba program, Jesula’s mom returned and stayed by her daughter’s side day after day, nursing her back to health. Jesula was discharged weighing 23 LB, and her family was thrilled to see her smile again.
FEEDING SCHOOL CHILDREN

There are more than one million children ages 6-12 in school in Haiti, the majority of which eat only one meal per day. Children arrive at school tired, hungry, and unable to focus. Since 2003, MFK has provided our nutritious Vita Mamba snack to 54,456 schoolchildren.

VITA MAMBA

ENERGY • PROTEIN • FATTY ACIDS
VITAMINS: FOLATE • IRON • IODINE • ZINC

PROVIDE VITA MAMBA SCHOOL SNACK TO ONE CHILD FOR THE ENTIRE 160-DAY SCHOOL YEAR FOR ONLY $49

SUPPLEMENTING PREGNANT & LACTATING WOMEN

Mamba Djanm is a critical supplement used to bridge the nutritional gap. While it is formulated to treat moderate malnutrition in children 6 months to 5 years, it is also provided to women in prenatal programs to supplement their diets during pregnancy and while breastfeeding.

MAMBA DJANM

540KCAL • 12.1G PROTEIN • FATTY ACIDS
23 VITAMINS AND MINERALS

SUPPLEMENT ONE WOMAN DURING AND AFTER PREGNANCY FOR ONLY $84
The COVID-19 pandemic has highlighted the resilience of our Haitian team in the face of adversity. MFK employees have worked tirelessly to maintain operations, continue production and provide programmatic support throughout this uncertain time.

In the upcoming year, we will continue to navigate accomplishing our mission activities in the safest way possible. Clinics that had experienced a decrease in attendance due to fear of contracting the virus earlier this year are now serving more children due to the economic impact of the pandemic on families. Partner schools that had closed prematurely for the year have now reopened for the fall semester and provide our Vita Mamba snack their students – the only sustenance many of these children receive to fuel them for the entire day. Our farmer training takes place in small groups to ensure social distancing and effective instruction throughout the growing season. Our team is adaptable and up to the challenge, but we cannot do this work without the partnership of our generous donors and friends.

Your generous support has enabled MFK to make great strides in Haiti serving nutritionally vulnerable children and women and providing opportunities for farmers and workers.

In 2020 alone, MFK has:

- Treated more than 30,000 malnourished Haitian children and 59,000 children worldwide with life-saving Ready-to-Use Therapeutic Food (RUTF)
- Supplemented the diets of 21,959 school children with Vita Mamba
- Employed 66 Haitians in the MFK factory and in our agriculture and nutrition programs
- Educated more than 133 Haitian farmers
- Purchased 28 metric tons of locally-grown peanuts
- Celebrated a production record of 1,000,000 kg of Medika Mamba in a single year
Meds & Food for Kids is dedicated to meeting the essential nutritional needs of malnourished children, pregnant and nursing women and schoolchildren using Ready-To-Use Foods (RUFs) produced in our factory in Cap-Haïtien, Haiti. By transferring skills and knowledge to our Haitian workers and engaging farmers in order to source local raw materials, we break the cycle of poverty and sustainably stimulate economic development. MFK works to transform the lives of malnourished children and mothers in Haiti.

Dear Friends,

COVID-19 has created an unprecedented crisis for everyone. The magnitude and spread of this virus has shown us just how connected we all are to one another. The past eight months have been difficult. Your support is essential to respond to the increased malnutrition that we are seeing in Haiti. We need your help more than ever.

We have even more malnourished children now to treat in Haiti and across the world. Farmers are having more difficulty with sickness and climate change. Pregnant women fear accessing clinical care due to COVID-19. Schoolchildren similarly worry about close contact and more than ever need the supplemental Vita Mamba that they receive at school. A bright spot in the COVID-19 landscape is that due to strict hygiene measures instituted by MFK our factory workers have been very mildly affected by COVID-19 and they continue to produce our life-saving products at the same pace as pre-pandemic.

In the new year, we will welcome a new Chief Executive Officer. Angela Brown Gilliam is currently the Executive Director of Serve Haiti, one of our valued partners. Her passion for and commitment to Haiti is lifelong, having lived in Haiti from the age of 2 to 18 years with her missionary parents. I could not be more thrilled to welcome her to the MFK family.

I will work closely with Angela to transfer knowledge, make introductions, and offer assistance where needed. I will also serve on the board of directors, provide counsel and MFK historical knowledge on MFK’s many projects and activities, performing any duties Angela deems most helpful to MFK.

There is still much work to be done. We cannot do it without you. As you are able, we are grateful for whatever you can do to continue to support our mission. Together we can get closer to the day when malnutrition is no more. We are very grateful for your partnership.

We wish you a joyous holiday season and a happy and healthy 2021.

Mesi Anpil.

Visit our website at www.mfhaiti.org to watch our video and learn more about our work to end malnutrition and spark economic development in Haiti.